

HORA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
8:00	08:30 - 09:00 SALA FITNESS <b>ACTIVA CORE</b>	08:30 - 09:20 SALA 3 <b>GAP</b>	08:30 - 09:16 SALA 2 <b>ACTIVA CYCLING</b>	08:30 - 09:25 SALA 3 <b>BODYPUMP</b>	08:30 - 09:00 SALA FITNESS <b>ACTIVA CROSS</b>		
	08:30 - 09:16 SALA 4 <b>ACTIVA WALKING</b>		08:30 - 09:00 SALA FITNESS <b>HIIT</b>		08:30 - 09:16 SALA 4 <b>ACTIVA WALKING</b>		
9:00	09:30 - 10:16 SALA 2 <b>ACTIVA CYCLING</b>	09:30 - 10:16 SALA 2 <b>ACTIVA CYCLING</b>	09:30 - 10:16 SALA 2 <b>ACTIVA CYCLING</b>	09:30 - 10:16 SALA 2 <b>ACTIVA CYCLING</b>	09:30 - 10:16 SALA 2 <b>ACTIVA CYCLING</b>	09:30 - 10:00 SALA FITNESS <b>ACTIVA CROSS</b>	09:30 - 10:00 SALA FITNESS <b>ACTIVA CROSS</b>
	09:30 - 10:16 SALA 4 <b>ACTIVA WALKING</b>	09:30 - 10:20 SALA 3 <b>ACTIVA FUNCIONAL</b>	09:30 - 10:16 SALA 4 <b>ACTIVA WALKING</b>	09:30 - 10:20 SALA 3 <b>GAP</b>	09:30 - 10:20 SALA 3 <b>BODY ACTIVA SYSTEM</b>	09:30 - 10:20 SALA 1 <b>PILATES</b>	
	09:30 - 10:25 SALA 3 <b>BODYPUMP</b>	09:30 - 10:00 SALA FITNESS <b>HIIT</b>	09:30 - 10:20 SALA 3 <b>BODYCOMBAT</b>	09:30 - 10:20 SALA 1 <b>PILATES</b>	09:30 - 10:00 SALA FITNESS <b>HIIT</b>		
	09:30 - 10:20 SALA 1 <b>PILATES</b>	09:30 - 10:20 SALA 1 <b>PILATES</b>	09:30 - 10:20 SALA 1 <b>PILATES</b>	09:30 - 10:00 SALA FITNESS <b>TABATA</b>	09:30 - 10:20 SALA 1 <b>PILATES</b>		
	09:30 - 10:00 SALA FITNESS <b>TABATA</b>						
10:00	10:30 - 11:16 SALA 2 <b>ACTIVA CYCLING</b>	10:30 - 11:16 SALA 4 <b>ACTIVA WALKING</b>	10:30 - 11:16 SALA 2 <b>ACTIVA CYCLING</b>	10:30 - 11:16 SALA 4 <b>ACTIVA WALKING</b>	10:30 - 11:16 SALA 2 <b>ACTIVA CYCLING</b>	10:30 - 11:16 SALA 2 <b>ACTIVA CYCLING</b>	10:30 - 11:16 SALA 2 <b>ACTIVA CYCLING</b>
	10:30 - 11:20 SALA 3 <b>ACTIVA FUNCIONAL</b>	10:30 - 11:20 SALA 3 <b>AERODANCE</b>	10:30 - 11:25 SALA 3 <b>BODYPUMP</b>	10:30 - 11:20 SALA 1 <b>BODYBALANCE</b>	10:30 - 11:20 SALA 3 <b>BODYCOMBAT</b>	10:30 - 11:16 SALA 4 <b>ACTIVA WALKING</b>	10:30 - 11:16 SALA 4 <b>ACTIVA WALKING</b>
	10:30 - 11:20 SALA 1 <b>ESPALDA SANA</b>	10:30 - 11:20 SALA 1 <b>BODYBALANCE</b>	10:30 - 11:20 SALA 1 <b>ESPALDA SANA</b>	10:30 - 11:00 SALA FITNESS <b>HIIT</b>	10:30 - 11:00 SALA FITNESS <b>TABATA</b>	10:30 - 11:00 SALA FITNESS <b>TABATA</b>	10:30 - 11:00 SALA FITNESS <b>TABATA</b>
			10:30 - 11:00 SALA FITNESS <b>TABATA</b>	10:30 - 11:20 SALA 3 <b>STEP</b>	10:30 - 11:16 SALA 1 <b>YOGA</b>		
11:00	11:00 - 11:30 SALA FITNESS <b>ACTIVA FLEX</b>	11:30 - 12:16 SALA 1 <b>YOGA</b>	11:30 - 12:16 SALA 2 <b>ACTIVA CYCLING</b>	11:30 - 12:16 SALA 1 <b>YOGA</b>	11:30 - 12:00 SALA FITNESS <b>ACTIVA CORE</b>	11:30 - 12:16 SALA 2 <b>ACTIVA CYCLING</b>	11:30 - 12:16 SALA 2 <b>ACTIVA CYCLING</b>
	11:30 - 12:16 SALA 4 <b>ACTIVA WALKING</b>	11:30 - 12:20 SALA 3 <b>ZUMBA</b>		11:30 - 12:20 SALA 3 <b>ZUMBA</b>		11:30 - 12:25 SALA 3 <b>BODYPUMP</b>	11:30 - 12:25 SALA 3 <b>BODYPUMP</b>
	11:30 - 12:20 SALA 1 <b>BODYBALANCE</b>					11:30 - 12:00 SALA FITNESS <b>HIIT</b>	11:30 - 12:00 SALA FITNESS <b>HIIT</b>
12:00	12:00 - 12:30 SALA FITNESS <b>TABATA</b>		12:00 - 12:30 SALA FITNESS <b>HIIT</b>				
13:00	13:30 - 14:00 SALA FITNESS <b>ACTIVA CORE</b>		13:00 - 13:30 SALA FITNESS <b>ACTIVA FLEX</b>			13:00 - 13:30 SALA FITNESS <b>ACTIVA FLEX</b>	13:00 - 13:30 SALA FITNESS <b>ACTIVA CORE</b>
14:00	14:30 - 15:20 SALA 3 <b>BODYCOMBAT</b>	14:00 - 14:30 SALA FITNESS <b>ACTIVA CORE</b>	14:00 - 14:30 SALA FITNESS <b>ACTIVA CORE</b>	14:00 - 14:30 SALA FITNESS <b>ACTIVA CORE</b>	14:00 - 14:30 SALA FITNESS <b>TABATA</b>		
		14:30 - 15:25 SALA 3 <b>BODYPUMP</b>	14:30 - 15:16 SALA 2 <b>ACTIVA CYCLING</b>	14:30 - 15:20 SALA 3 <b>GAP</b>			
16:00	16:00 - 16:30 SALA FITNESS <b>ACTIVA CORE</b>	16:00 - 16:30 SALA FITNESS <b>TABATA</b>	16:00 - 16:30 SALA FITNESS <b>HIIT</b>	16:00 - 16:30 SALA FITNESS <b>TABATA</b>	16:00 - 16:30 SALA FITNESS <b>TABATA</b>		
17:00	17:30 - 18:16 SALA 2 <b>ACTIVA CYCLING</b>	17:00 - 17:30 SALA FITNESS <b>ACTIVA FLEX</b>	17:00 - 17:30 SALA FITNESS <b>TABATA</b>	17:00 - 17:30 SALA FITNESS <b>HIIT</b>	17:00 - 17:30 SALA FITNESS <b>ACTIVA CORE</b>		
	17:30 - 18:25 SALA 3 <b>BODYPUMP</b>	17:30 - 18:16 SALA 4 <b>ACTIVA WALKING</b>	17:30 - 18:16 SALA 2 <b>ACTIVA CYCLING</b>	17:30 - 18:16 SALA 4 <b>ACTIVA WALKING</b>			

		17:30 - 18:20 SALA 1 <b>ESPALDA SANA</b>		17:30 - 18:20 SALA 1 <b>ESPALDA SANA</b>			
<b>18:00</b>	18:30 - 19:16 SALA 2 <b>ACTIVA CYCLING</b>	18:00 - 18:30 SALA 3 <b>ACTIVA CORE</b>	18:30 - 19:16 SALA 4 <b>ACTIVA WALKING</b>	18:00 - 18:30 SALA 3 <b>ACTIVA CORE</b>	18:00 - 18:46 SALA 2 <b>ACTIVA CYCLING</b>		
	18:30 - 19:20 SALA 1 <b>BODYBALANCE</b>	18:30 - 19:16 SALA 2 <b>ACTIVA CYCLING</b>	18:30 - 19:20 SALA 3 <b>BODY ACTIVA SYSTEM</b>	18:30 - 19:16 SALA 2 <b>ACTIVA CYCLING</b>	18:00 - 18:50 SALA 1 <b>PILATES</b>		
	18:30 - 19:20 SALA 3 <b>BODYCOMBAT</b>	18:30 - 19:25 SALA 3 <b>BODYPUMP</b>	18:30 - 19:20 SALA 1 <b>BODYBALANCE</b>	18:30 - 19:20 SALA 3 <b>BODYCOMBAT</b>	18:30 - 19:00 SALA FITNESS <b>TABATA</b>		
		18:30 - 19:20 SALA 1 <b>PILATES</b>		18:30 - 19:20 SALA 1 <b>PILATES</b>			
<b>19:00</b>	19:30 - 20:16 SALA 2 <b>ACTIVA CYCLING</b>	19:00 - 19:30 SALA FITNESS <b>HIIT</b>	19:00 - 19:30 SALA FITNESS <b>ACTIVA FLEX</b>	19:00 - 19:30 SALA FITNESS <b>ACTIVA CORE</b>	19:00 - 19:46 SALA 4 <b>ACTIVA WALKING</b>	19:00 - 19:46 SALA 2 <b>ACTIVA CYCLING</b>	19:00 - 19:46 SALA 4 <b>ACTIVA WALKING</b>
	19:30 - 20:16 SALA 4 <b>ACTIVA WALKING</b>	19:30 - 20:16 SALA 2 <b>ACTIVA CYCLING</b>	19:30 - 20:16 SALA 2 <b>ACTIVA CYCLING</b>	19:30 - 20:16 SALA 2 <b>ACTIVA CYCLING</b>	19:00 - 19:55 SALA 3 <b>BODYPUMP</b>	19:00 - 19:50 SALA 1 <b>PILATES</b>	
	19:30 - 20:20 SALA 1 <b>PILATES</b>	19:30 - 20:20 EXTERIOR <b>ACTIVA RUN</b>	19:30 - 20:16 SALA 4 <b>ACTIVA WALKING</b>	19:30 - 20:16 SALA 4 <b>ACTIVA WALKING</b>	19:30 - 20:00 SALA FITNESS <b>ACTIVA FLEX</b>		
		19:30 - 20:16 SALA 4 <b>ACTIVA WALKING</b>	19:30 - 20:20 SALA 1 <b>PILATES</b>	19:30 - 20:20 SALA 3 <b>ZUMBA</b>			
		19:30 - 20:20 SALA 1 <b>PILATES</b>					
		19:30 - 20:20 SALA 3 <b>ZUMBA</b>					
<b>20:00</b>	20:00 - 20:30 SALA FITNESS <b>ACTIVA CROSS</b>	20:30 - 21:20 SALA 2 <b>ACTIVA CYCLING</b>	20:00 - 20:30 SALA FITNESS <b>ACTIVA CROSS</b>	20:00 - 20:30 SALA FITNESS <b>ACTIVA FLEX</b>	20:00 - 20:46 SALA 2 <b>ACTIVA CYCLING</b>	20:00 - 20:55 SALA 3 <b>BODYPUMP</b>	
	20:30 - 21:16 SALA 2 <b>ACTIVA CYCLING</b>	20:30 - 21:16 SALA 4 <b>ACTIVA WALKING</b>	20:30 - 21:16 SALA 2 <b>ACTIVA CYCLING</b>	20:30 - 21:20 EXTERIOR <b>ACTIVA RUN</b>	20:30 - 21:00 SALA FITNESS <b>HIIT</b>		
	20:30 - 21:20 SALA 4 <b>ACTIVA WALKING</b>	20:30 - 21:20 SALA 3 <b>BODYCOMBAT</b>	20:30 - 21:20 SALA 3 <b>GAP</b>	20:30 - 21:16 SALA 4 <b>ACTIVA WALKING</b>			
	20:30 - 21:20 SALA 3 <b>GAP</b>		20:30 - 21:16 SALA 1 <b>YOGA</b>	20:30 - 21:25 SALA 3 <b>BODYPUMP</b>			
	20:30 - 21:20 SALA 1 <b>YOGA</b>						
<b>21:00</b>	21:00 - 21:30 SALA FITNESS <b>ACTIVA CROSS</b>	21:00 - 21:30 SALA FITNESS <b>ACTIVA CORE</b>	21:00 - 21:30 SALA FITNESS <b>ACTIVA CORE</b>	21:30 - 22:20 SALA 3 <b>GAP</b>	21:30 - 22:00 SALA FITNESS <b>ACTIVA CROSS</b>		
	21:30 - 22:16 SALA 4 <b>ACTIVA WALKING</b>	21:30 - 22:25 SALA 3 <b>BODYPUMP</b>	21:30 - 22:16 SALA 2 <b>ACTIVA CYCLING</b>				

		17:30 - 18:20 SALA 1 <b>ESPALDA SANA</b>		17:30 - 18:20 SALA 1 <b>ESPALDA SANA</b>			
<b>18:00</b>	18:30 - 19:16 SALA 2 <b>ACTIVA CYCLING</b>	18:00 - 18:30 SALA 3 <b>ACTIVA CORE</b>	18:30 - 19:16 SALA 4 <b>ACTIVA WALKING</b>	18:00 - 18:30 SALA 3 <b>ACTIVA CORE</b>	18:00 - 18:46 SALA 2 <b>ACTIVA CYCLING</b>		
	18:30 - 19:20 SALA 1 <b>BODYBALANCE</b>	18:30 - 19:16 SALA 2 <b>ACTIVA CYCLING</b>	18:30 - 19:20 SALA 3 <b>BODY ACTIVA SYSTEM</b>	18:30 - 19:16 SALA 2 <b>ACTIVA CYCLING</b>	18:00 - 18:50 SALA 1 <b>PILATES</b>		
	18:30 - 19:20 SALA 3 <b>BODYCOMBAT</b>	18:30 - 19:25 SALA 3 <b>BODYPUMP</b>	18:30 - 19:20 SALA 1 <b>BODYBALANCE</b>	18:30 - 19:20 SALA 3 <b>BODYCOMBAT</b>	18:30 - 19:00 SALA FITNESS <b>TABATA</b>		
		18:30 - 19:20 SALA 1 <b>PILATES</b>		18:30 - 19:20 SALA 1 <b>PILATES</b>			
<b>19:00</b>	19:30 - 20:16 SALA 2 <b>ACTIVA CYCLING</b>	19:00 - 19:30 SALA FITNESS <b>HIIT</b>	19:00 - 19:30 SALA FITNESS <b>ACTIVA FLEX</b>	19:00 - 19:30 SALA FITNESS <b>ACTIVA CORE</b>	19:00 - 19:46 SALA 4 <b>ACTIVA WALKING</b>	19:00 - 19:46 SALA 2 <b>ACTIVA CYCLING</b>	19:00 - 19:46 SALA 4 <b>ACTIVA WALKING</b>
	19:30 - 20:16 SALA 4 <b>ACTIVA WALKING</b>	19:30 - 20:16 SALA 2 <b>ACTIVA CYCLING</b>	19:30 - 20:16 SALA 2 <b>ACTIVA CYCLING</b>	19:30 - 20:16 SALA 2 <b>ACTIVA CYCLING</b>	19:00 - 19:55 SALA 3 <b>BODYPUMP</b>	19:00 - 19:50 SALA 1 <b>PILATES</b>	
	19:30 - 20:20 SALA 1 <b>PILATES</b>	19:30 - 20:20 <b>EXTERIOR ACTIVA RUN</b>	19:30 - 20:16 SALA 4 <b>ACTIVA WALKING</b>	19:30 - 20:16 SALA 4 <b>ACTIVA WALKING</b>	19:30 - 20:00 SALA FITNESS <b>ACTIVA FLEX</b>		
		19:30 - 20:16 SALA 4 <b>ACTIVA WALKING</b>	19:30 - 20:20 SALA 1 <b>PILATES</b>	19:30 - 20:20 SALA 3 <b>ZUMBA</b>			
		19:30 - 20:20 SALA 1 <b>PILATES</b>					
		19:30 - 20:20 SALA 3 <b>ZUMBA</b>					
<b>20:00</b>	20:00 - 20:30 SALA FITNESS <b>ACTIVA CROSS</b>	20:30 - 21:20 SALA 2 <b>ACTIVA CYCLING</b>	20:00 - 20:30 SALA FITNESS <b>ACTIVA CROSS</b>	20:00 - 20:30 SALA FITNESS <b>ACTIVA FLEX</b>	20:00 - 20:46 SALA 2 <b>ACTIVA CYCLING</b>	20:00 - 20:55 SALA 3 <b>BODYPUMP</b>	
	20:30 - 21:16 SALA 2 <b>ACTIVA CYCLING</b>	20:30 - 21:16 SALA 4 <b>ACTIVA WALKING</b>	20:30 - 21:16 SALA 2 <b>ACTIVA CYCLING</b>	20:30 - 21:20 <b>EXTERIOR ACTIVA RUN</b>	20:30 - 21:00 SALA FITNESS <b>HIIT</b>		
	20:30 - 21:20 SALA 4 <b>ACTIVA WALKING</b>	20:30 - 21:20 SALA 3 <b>BODYCOMBAT</b>	20:30 - 21:20 SALA 3 <b>GAP</b>	20:30 - 21:16 SALA 4 <b>ACTIVA WALKING</b>			
	20:30 - 21:20 SALA 3 <b>GAP</b>		20:30 - 21:16 SALA 1 <b>YOGA</b>	20:30 - 21:25 SALA 3 <b>BODYPUMP</b>			
	20:30 - 21:20 SALA 1 <b>YOGA</b>						
<b>21:00</b>	21:00 - 21:30 SALA FITNESS <b>ACTIVA CROSS</b>	21:00 - 21:30 SALA FITNESS <b>ACTIVA CORE</b>	21:00 - 21:30 SALA FITNESS <b>ACTIVA CORE</b>	21:30 - 22:20 SALA 3 <b>GAP</b>	21:30 - 22:00 SALA FITNESS <b>ACTIVA CROSS</b>		
	21:30 - 22:16 SALA 4 <b>ACTIVA WALKING</b>	21:30 - 22:25 SALA 3 <b>BODYPUMP</b>	21:30 - 22:16 SALA 2 <b>ACTIVA CYCLING</b>				