

HORA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
7:00	07:15 - 08:00 SALA 3 PILATES INICIACIÓN	07:15 - 08:00 SALA 5 BODYPUMP	07:15 - 08:00 CYCLING ACTIVA CYCLING	07:15 - 08:00 SALA 5 GAP	07:15 - 08:00 Sala 4 ACTIVA WALKING		
	07:30 - 08:00 BOX ACTIVA CIRCUIT	07:30 - 08:00 BOX ACTIVA CORE	07:30 - 08:00 BOX ACTIVA CIRCUIT	07:30 - 08:00 BOX ACTIVA CORE	07:30 - 08:00 BOX ACTIVA CIRCUIT		
8:00	08:30 - 09:15 CYCLING ACTIVA CYCLING	08:30 - 09:15 Sala 4 ACTIVA WALKING	08:30 - 09:15 CYCLING ACTIVA CYCLING	08:30 - 09:15 SALA 5 ACTIVA FUNCIONAL	08:30 - 09:15 CYCLING ACTIVA CYCLING		
	08:30 - 09:15 SALA 5 BODYPUMP	08:30 - 09:20 AIM HARDER ACTIVACROSS	08:30 - 09:15 SALA 5 BODYPUMP	08:30 - 09:15 Sala 4 ACTIVA WALKING			
	08:30 - 09:15 SALA 2 MANTENIMIENTO FITNESS	08:30 - 09:15 SALA 5 GAP	08:30 - 09:15 SALA 2 MANTENIMIENTO FITNESS	08:30 - 09:20 AIM HARDER ACTIVACROSS			
		08:30 - 09:15 SALA 2 MANTENIMIENTO FITNESS		08:30 - 09:15 SALA 2 MANTENIMIENTO FITNESS			
9:00	09:00 - 09:30 BOX ACTIVA CORE	09:00 - 09:30 BOX ACTIVA CORE	09:00 - 09:30 BOX ACTIVA CORE	09:00 - 09:30 BOX ACTIVA CORE	09:00 - 09:30 SALA 5 ACTIVA CORE	09:00 - 09:30 BOX ACTIVA CORE	09:00 - 09:30 BOX ACTIVA CORE
	09:30 - 10:15 SALA 5 ACTIVA FUNCIONAL	09:30 - 10:15 CYCLING ACTIVA CYCLING	09:30 - 10:15 SALA 5 ACTIVA FUNCIONAL	09:30 - 10:15 CYCLING ACTIVA CYCLING	09:30 - 10:15 SALA 5 ACTIVA FUNCIONAL	09:30 - 10:15 CYCLING ACTIVA CYCLING	09:30 - 10:00 PISCINA AQUAGYM 30
	09:30 - 10:15 PLAZA ACTIVA RUN	09:30 - 10:00 PISCINA AQUA ORO	09:30 - 10:15 PLAZA ACTIVA RUN	09:30 - 10:00 PISCINA AQUAGYM 30	09:30 - 10:15 PLAZA ACTIVA RUN	09:30 - 10:00 PISCINA AQUAGYM 30	09:30 - 10:15 SALA 3 PILATES
	09:30 - 10:15 Sala 4 ACTIVA WALKING	09:30 - 10:15 SALA 5 BODY ACTIVA SYSTEM	09:30 - 10:15 Sala 4 ACTIVA WALKING	09:30 - 10:15 SALA 5 BODY ACTIVA SYSTEM	09:30 - 10:15 Sala 4 ACTIVA WALKING	09:30 - 10:15 SALA 3 PILATES	
	09:30 - 10:00 piscina AQUAGYM 30	09:30 - 10:15 SALA 2 BODYCOMBAT	09:30 - 10:00 piscina AQUAGYM 30	09:30 - 10:15 SALA 2 BODYCOMBAT	09:30 - 10:00 PISCINA AQUA ORO		
	09:30 - 10:15 SALA 2 PILATES	09:30 - 10:15 SALA 3 PILATES	09:30 - 10:15 SALA 2 ESPALDA SANA	09:30 - 10:15 SALA 3 PILATES	09:30 - 10:15 SALA 2 PILATES		
	09:30 - 10:15 SALA 3 YOGA		09:30 - 10:15 SALA 3 YOGA		09:30 - 10:20 SALA 3 YOGA		
10:00	10:30 - 11:15 CYCLING ACTIVA CYCLING	10:30 - 11:00 BOX ACTIVA CIRCUIT	10:30 - 11:15 CYCLING ACTIVA CYCLING	10:30 - 11:00 BOX ACTIVA CIRCUIT	10:30 - 11:15 CYCLING ACTIVA CYCLING	10:30 - 11:15 SALA 5 BODYPUMP	10:30 - 11:15 SALA 5 BODYPUMP
	10:30 - 11:15 SALA 2 ACTIVA ORO	10:30 - 11:15 Sala 4 ACTIVA WALKING	10:30 - 11:15 SALA 2 ACTIVA ORO	10:30 - 11:15 Sala 4 ACTIVA WALKING	10:30 - 11:15 SALA 2 ACTIVA ORO		
	10:30 - 11:20 AIM HARDER ACTIVACROSS	10:30 - 11:15 SALA 2 AERODANCE	10:30 - 11:20 AIM HARDER ACTIVACROSS	10:30 - 11:15 PISCINA AQUAGYM	10:30 - 11:20 AIM HARDER ACTIVACROSS		
	10:30 - 11:15 PISCINA AQUAGYM	10:30 - 11:15 PISCINA AQUAGYM	10:30 - 11:15 PISCINA AQUAGYM	10:30 - 11:15 SALA 5 GAP	10:30 - 11:15 PISCINA AQUAGYM		
	10:30 - 11:15 SALA 3 BODYBALANCE	10:30 - 11:15 SALA 5 GAP	10:30 - 11:15 SALA 3 BODYBALANCE	10:30 - 11:15 SALA 2 STEP	10:30 - 11:15 SALA 3 BODYBALANCE		
	10:30 - 11:15 SALA 5 BODYPUMP	10:30 - 11:15 SALA 3 YOGA	10:30 - 11:15 SALA 5 BODYPUMP	10:30 - 11:15 SALA 3 YOGA	10:30 - 11:15 SALA 5 BODYPUMP		
11:00	11:30 - 12:15 SALA 5 GAP	11:30 - 12:20 AIM HARDER ACTIVACROSS	11:30 - 12:15 SALA 5 GAP	11:30 - 12:20 AIM HARDER ACTIVACROSS	11:30 - 12:15 SALA 5 GAP	11:30 - 12:15 PISCINA AQUAGYM	11:00 - 11:30 BOX ACTIVA CIRCUIT

	11:30 - 12:15 SALA 3 PILATES	11:30 - 12:15 SALA 5 BODYPUMP	11:30 - 12:15 SALA 3 PILATES	11:30 - 12:15 SALA 5 BODYPUMP	11:30 - 12:20 SALA 2 LATINO		11:30 - 12:15 CYCLING ACTIVA CYCLING
	11:30 - 12:15 SALA 2 ZUMBA	11:30 - 12:15 SALA 3 ESPALDA SANA	11:30 - 12:15 SALA 2 ZUMBA	11:30 - 12:15 SALA 3 ESPALDA SANA	11:30 - 12:15 SALA 3 PILATES		11:30 - 12:15 PISCINA AQUAGYM
		11:30 - 12:15 SALA 2 FLAMENCO		11:30 - 12:15 SALA 2 FLAMENCO			
12:00	12:30 - 13:20 AIM HARDER ACTIVA CROSS	12:30 - 13:15 SALA 2 FLAMENCO AVANZADO	12:30 - 13:20 AIM HARDER ACTIVA CROSS	12:30 - 13:15 SALA 2 FLAMENCO AVANZADO	12:30 - 13:20 AIM HARDER ACTIVA CROSS	12:30 - 13:00 BOX ACTIVA CORE	12:30 - 13:00 BOX ACTIVA CORE
	12:30 - 13:00 PISCINA AQUAGYM 30	12:30 - 13:15 SALA 3 PILATES	12:30 - 13:00 PISCINA AQUAGYM 30	12:30 - 13:15 SALA 3 PILATES	12:30 - 13:00 piscina AQUAGYM 30		
	12:30 - 13:15 SALA 3 ESPALDA SANA		12:30 - 13:15 SALA 3 ESPALDA SANA		12:30 - 13:15 SALA 3 ESPALDA SANA		
14:00	14:30 - 15:00 BOX ACTIVA CORE	14:30 - 15:15 SALA 5 ACTIVA FUNCIONAL	14:30 - 15:00 BOX ACTIVA CORE	14:30 - 15:20 AIM HARDER ACTIVA CROSS	14:30 - 15:00 BOX ACTIVA CORE		
	14:30 - 15:15 CYCLING ACTIVA CYCLING	14:30 - 15:20 AIM HARDER ACTIVA CROSS	14:30 - 15:15 SALA 2 BODYCOMBAT	14:30 - 15:15 SALA 5 GAP			
15:00	15:30 - 16:15 SALA 5 BODYPUMP	15:30 - 16:15 CYCLING ACTIVA CYCLING	15:30 - 16:15 SALA 5 BODYPUMP	15:30 - 16:15 CYCLING ACTIVA CYCLING	15:30 - 16:20 AIM HARDER ACTIVA CROSS		
16:00	16:30 - 17:00 SALA 2 ACTIVA CORE	16:30 - 17:15 SALA 5 BODY ACTIVA SYSTEM	16:30 - 17:00 SALA 2 ACTIVA CORE	16:30 - 17:15 SALA 5 BODY ACTIVA SYSTEM	16:30 - 17:00 SALA 2 ACTIVA CORE		
17:00	17:30 - 18:15 CYCLING ACTIVA CYCLING	17:00 - 17:50 AIM HARDER ACTIVA CROSS	17:30 - 18:15 CYCLING ACTIVA CYCLING	17:00 - 17:50 AIM HARDER ACTIVA CROSS	17:30 - 18:15 SALA 3 ESPALDA SANA	17:30 - 18:00 BOX ACTIVA CORE	17:30 - 18:00 SALA FITNESS ACTIVA CORE
	17:30 - 18:15 SALA 3 ESPALDA SANA	17:30 - 18:15 SALA 4 ACTIVA WALKING	17:30 - 18:15 SALA 3 ESPALDA SANA	17:30 - 18:15 SALA 4 ACTIVA WALKING	17:30 - 18:15 SALA 2 FLAMENCO	17:30 - 18:00 PISCINA AQUAGYM 30	17:30 - 18:00 PISCINA AQUAGYM 30
	17:30 - 18:15 SALA 5 GAP	17:30 - 18:15 SALA 3 BODYBALANCE	17:30 - 18:15 SALA 5 GAP	17:30 - 18:20 SALA 2 FLAMENCO			
		17:30 - 18:15 SALA 2 FLAMENCO		17:30 - 18:15 SALA 3 PILATES			
18:00	18:00 - 18:50 AIM HARDER ACTIVA CROSS	18:30 - 19:15 CYCLING ACTIVA CYCLING	18:00 - 18:50 AIM HARDER ACTIVA CROSS	18:30 - 19:15 CYCLING ACTIVA CYCLING	18:30 - 19:15 CYCLING ACTIVA CYCLING		18:00 - 18:30 BOX ACTIVA CIRCUIT
	18:30 - 19:15 Sala 4 ACTIVA WALKING	18:30 - 19:15 SALA 2 ACTIVA FUNCIONAL	18:30 - 19:15 Sala 4 ACTIVA WALKING	18:30 - 19:15 SALA 2 ACTIVA FUNCIONAL	18:30 - 19:15 SALA 2 BODYCOMBAT		
	18:30 - 19:11 SALA 2 BODYCOMBAT	18:30 - 19:15 SALA 3 PILATES	18:30 - 19:15 SALA 2 AERODANCE	18:30 - 19:15 SALA 3 ESPALDA SANA	18:30 - 19:15 SALA 5 GAP		
	18:30 - 19:15 SALA 5 BODYPUMP	18:30 - 19:15 SALA 5 ZUMBA	18:30 - 19:15 SALA 5 BODYPUMP	18:30 - 19:15 SALA 5 ZUMBA	18:30 - 19:15 SALA 3 PILATES		
	18:30 - 19:15 SALA 3 YOGA		18:30 - 19:15 SALA 3 YOGA				
19:00	19:00 - 19:50 AIM HARDER ACTIVA CROSS	19:00 - 19:50 AIM HARDER ACTIVA CROSS	19:00 - 19:50 AIM HARDER ACTIVA CROSS	19:00 - 19:50 AIM HARDER ACTIVA CROSS	19:30 - 20:15 Sala 4 ACTIVA WALKING	19:30 - 20:00 BOX ACTIVA CORE	19:30 - 20:00 BOX ACTIVA CORE
	19:30 - 20:15 CYCLING ACTIVA CYCLING	19:30 - 20:15 Sala 4 ACTIVA WALKING	19:30 - 20:15 CYCLING ACTIVA CYCLING	19:30 - 20:15 Sala 4 ACTIVA WALKING	19:30 - 20:15 SALA 5 BODY ACTIVA SYSTEM	19:30 - 20:15 PISCINA AQUAGYM	19:30 - 20:15 PISCINA AQUAGYM
	19:30 - 20:15 SALA 5 ACTIVA FUNCIONAL	19:30 - 20:20 PISCINA AQUAGYM	19:30 - 20:15 PLAZA ACTIVA RUN	19:30 - 20:20 PISCINA AQUAGYM	19:30 - 20:15 SALA 3 BODYBALANCE		
	19:30 - 20:15 PLAZA ACTIVA RUN	19:30 - 20:15 SALA 5 BODYPUMP	19:30 - 20:20 PISCINA AQUAGYM	19:30 - 20:15 SALA 5 BODYPUMP	19:30 - 20:15 SALA 2 ZUMBA		

	19:30 - 20:15 PISCINA AQUAGYM	19:30 - 20:15 SALA 2 STEP	19:30 - 20:15 SALA 5 BODY ACTIVA SYSTEM	19:30 - 20:15 SALA 2 STEP	
	19:30 - 20:15 SALA 2 FUSION DANCE	19:30 - 20:15 SALA 3 YOGA	19:30 - 20:15 SALA 3 PILATES	19:30 - 20:20 SALA 3 YOGA	
	19:30 - 20:15 SALA 3 PILATES		19:30 - 20:15 SALA 2 TALLER COREOGRÁFICO		
20:00	20:00 - 20:50 AIM HARDER ACTIVACROSS	20:30 - 21:13 CYCLING ACTIVA CYCLING	20:00 - 20:50 AIM HARDER ACTIVACROSS	20:30 - 21:15 CYCLING ACTIVA CYCLING	20:30 - 21:15 CYCLING ACTIVA CYCLING
	20:30 - 21:15 Sala 4 ACTIVA WALKING	20:30 - 21:20 AIM HARDER ACTIVACROSS	20:30 - 21:15 SALA 5 ACTIVA FUNCIONAL	20:30 - 21:20 AIM HARDER ACTIVACROSS	20:30 - 21:15 SALA 3 PILATES
	20:30 - 21:15 SALA 5 BODY ACTIVA SYSTEM	20:30 - 21:15 SALA 5 BODYCOMBAT	20:30 - 21:15 Sala 4 ACTIVA WALKING	20:30 - 21:15 SALA 5 BODYCOMBAT	
	20:30 - 21:15 SALA 3 BODYBALANCE	20:30 - 21:15 SALA 3 PILATES	20:30 - 21:15 SALA 3 BODYBALANCE	20:30 - 21:15 SALA 3 PILATES	
	20:30 - 21:15 SALA 2 GAP		20:30 - 21:15 SALA 2 GAP		
21:00	21:00 - 21:50 AIM HARDER ACTIVACROSS	21:30 - 22:15 SALA 2 LATINO	21:30 - 22:15 CYCLING ACTIVA CYCLING	21:30 - 22:15 SALA 2 LATINO	
	21:30 - 22:15 CYCLING ACTIVA CYCLING				