

HORA	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
8:00	08:30 - 09:00 SALA FITNESS ACTIVA CORE	08:30 - 09:20 SALA 3 GAP	08:30 - 09:20 SALA 2 ACTIVA CYCLING	08:30 - 09:25 SALA 3 BODYPUMP	08:30 - 09:00 SALA FITNESS ACTIVA CROSS		
	08:30 - 09:20 SALA 4 ACTIVA WALKING		08:30 - 09:00 SALA FITNESS HIIT		08:30 - 09:20 SALA 4 ACTIVA WALKING		
9:00	09:30 - 10:20 SALA 2 ACTIVA CYCLING	09:30 - 10:20 SALA 2 ACTIVA CYCLING	09:30 - 10:20 SALA 2 ACTIVA CYCLING	09:30 - 10:20 SALA 2 ACTIVA CYCLING	09:30 - 10:20 SALA 2 ACTIVA CYCLING	09:30 - 10:00 SALA FITNESS ACTIVA CROSS	09:30 - 10:00 SALA FITNESS ACTIVA CROSS
	09:30 - 10:20 SALA 4 ACTIVA WALKING	09:30 - 10:20 SALA 3 ACTIVA FUNCIONAL	09:30 - 10:20 SALA 4 ACTIVA WALKING	09:30 - 10:20 SALA 4 ACTIVA WALKING	09:30 - 10:20 SALA 3 BODY ACTIVA SYSTEM	09:30 - 10:20 SALA 1 PILATES	
	09:30 - 10:25 SALA 3 BODYPUMP	09:30 - 10:20 SALA 4 ACTIVA WALKING	09:30 - 10:20 SALA 3 BODYCOMBAT	09:30 - 10:20 SALA 3 GAP	09:30 - 10:00 SALA FITNESS HIIT		
	09:30 - 10:20 SALA 1 PILATES	09:30 - 10:00 SALA FITNESS HIIT	09:30 - 10:20 SALA 1 PILATES	09:30 - 10:20 SALA 1 PILATES	09:30 - 10:20 SALA 1 PILATES		
	09:30 - 10:00 SALA FITNESS TABATA	09:30 - 10:20 SALA 1 PILATES		09:30 - 10:00 SALA FITNESS TABATA			
10:00	10:30 - 11:20 SALA 2 ACTIVA CYCLING	10:30 - 11:20 SALA 4 ACTIVA WALKING	10:30 - 11:20 SALA 2 ACTIVA CYCLING	10:30 - 11:20 SALA 4 ACTIVA WALKING	10:30 - 11:20 SALA 2 ACTIVA CYCLING	10:30 - 11:20 SALA 2 ACTIVA CYCLING	10:30 - 11:20 SALA 2 ACTIVA CYCLING
	10:30 - 11:20 SALA 3 ACTIVA FUNCIONAL	10:30 - 11:20 SALA 3 AERODANCE	10:30 - 11:25 SALA 3 BODYPUMP	10:30 - 11:20 SALA 1 BODYBALANCE	10:30 - 11:20 SALA 3 BODYCOMBAT	10:30 - 11:20 SALA 4 ACTIVA WALKING	10:30 - 11:20 SALA 4 ACTIVA WALKING
	10:30 - 11:20 SALA 1 ESPALDA SANA	10:30 - 11:20 SALA 1 BODYBALANCE	10:30 - 11:20 SALA 1 ESPALDA SANA	10:30 - 11:00 SALA FITNESS HIIT	10:30 - 11:00 SALA FITNESS TABATA	10:30 - 11:00 SALA FITNESS TABATA	10:30 - 11:00 SALA FITNESS TABATA
			10:30 - 11:00 SALA FITNESS TABATA	10:30 - 11:20 SALA 3 STEP	10:30 - 11:20 SALA 1 YOGA		
11:00	11:00 - 11:30 SALA FITNESS ACTIVA FLEX	11:30 - 12:20 SALA 1 YOGA	11:30 - 12:20 SALA 2 ACTIVA CYCLING	11:30 - 12:20 SALA 1 YOGA	11:30 - 12:00 SALA FITNESS ACTIVA CORE	11:30 - 12:20 SALA 2 ACTIVA CYCLING	11:30 - 12:20 SALA 2 ACTIVA CYCLING
	11:30 - 12:20 SALA 4 ACTIVA WALKING	11:30 - 12:20 SALA 3 ZUMBA	11:30 - 12:20 SALA 1 BULERÍAS	11:30 - 12:20 SALA 3 ZUMBA	11:30 - 12:20 SALA 3 DANZA DEL VIENTRE	11:30 - 12:20 SALA 4 ACTIVA WALKING	11:30 - 12:25 SALA 3 BODYPUMP
	11:30 - 12:20 SALA 1 BODYBALANCE		11:30 - 12:20 SALA 3 DANZA DEL VIENTRE			11:30 - 12:25 SALA 3 BODYPUMP	11:30 - 12:00 SALA FITNESS HIIT
	11:30 - 12:20 SALA 3 BULERÍAS					11:30 - 12:00 SALA FITNESS HIIT	
12:00	12:00 - 12:30 SALA FITNESS TABATA		12:00 - 12:30 SALA FITNESS HIIT				
13:00	13:30 - 14:00 SALA FITNESS ACTIVA CORE		13:00 - 13:30 SALA FITNESS ACTIVA FLEX			13:00 - 13:30 SALA FITNESS ACTIVA FLEX	13:00 - 13:30 SALA FITNESS ACTIVA FLEX
14:00	14:30 - 15:20 SALA 4 ACTIVA WALKING	14:00 - 14:30 SALA FITNESS ACTIVA CORE	14:00 - 14:30 SALA FITNESS ACTIVA CORE	14:00 - 14:30 SALA FITNESS ACTIVA CORE	14:00 - 14:30 SALA FITNESS TABATA	14:00 - 14:30 SALA FITNESS ACTIVA CORE	14:00 - 14:30 SALA FITNESS ACTIVA CORE
		14:30 - 15:25 SALA 3 BODYPUMP	14:30 - 15:20 SALA 2 ACTIVA CYCLING	14:30 - 15:20 SALA 3 GAP	14:30 - 15:20 SALA 4 ACTIVA WALKING		
16:00	16:00 - 16:30 SALA FITNESS ACTIVA CORE	16:00 - 16:30 SALA FITNESS TABATA	16:00 - 16:30 SALA FITNESS HIIT	16:00 - 16:30 SALA FITNESS TABATA	16:00 - 16:30 SALA FITNESS TABATA	16:00 - 16:30 SALA FITNESS ACTIVA FLEX	16:00 - 16:30 SALA FITNESS ACTIVA FLEX

	16:30 - 17:20 SALA 2 ACTIVA CYCLING	16:30 - 17:20 SALA 1 PILATES	16:30 - 17:20 SALA 4 ACTIVA WALKING	16:30 - 17:25 SALA 3 BODYPUMP			
17:00	17:30 - 18:20 SALA 2 ACTIVA CYCLING	17:00 - 17:30 SALA FITNESS ACTIVA FLEX	17:00 - 17:30 SALA FITNESS TABATA	17:00 - 17:30 SALA FITNESS HIIT	17:00 - 17:30 SALA FITNESS ACTIVA CORE	17:00 - 17:30 SALA FITNESS TABATA	17:00 - 17:30 SALA FITNESS TABATA
	17:30 - 18:25 SALA 3 BODYPUMP	17:30 - 18:20 SALA 4 ACTIVA WALKING	17:30 - 18:20 SALA 2 ACTIVA CYCLING	17:30 - 18:20 SALA 4 ACTIVA WALKING	17:00 - 17:50 SALA 1 BODYBALANCE		
	17:30 - 18:20 SALA 1 PILATES	17:30 - 18:20 SALA 1 ESPALDA SANA	17:30 - 18:25 SALA 3 BODYPUMP	17:30 - 18:20 SALA 1 ESPALDA SANA			
			17:30 - 18:20 SALA 1 PILATES				
18:00	18:30 - 19:20 SALA 2 ACTIVA CYCLING	18:00 - 18:30 SALA 3 ACTIVA CORE	18:30 - 19:20 SALA 2 ACTIVA CYCLING	18:00 - 18:30 SALA 3 ACTIVA CORE	18:00 - 18:50 SALA 2 ACTIVA CYCLING	18:00 - 18:30 SALA FITNESS ACTIVA CROSS	18:00 - 18:30 SALA FITNESS ACTIVA CROSS
	18:30 - 19:20 SALA 4 ACTIVA WALKING	18:30 - 19:20 SALA 2 ACTIVA CYCLING	18:30 - 19:20 SALA 4 ACTIVA WALKING	18:30 - 19:20 SALA 2 ACTIVA CYCLING	18:00 - 18:50 SALA 1 PILATES		18:00 - 18:50 SALA 4 ACTIVA WALKING
	18:30 - 19:20 SALA 1 BODYBALANCE	18:30 - 19:20 SALA 4 ACTIVA WALKING	18:30 - 19:20 SALA 3 BODY ACTIVA SYSTEM	18:30 - 19:20 SALA 4 ACTIVA WALKING	18:00 - 18:50 SALA 3 ZUMBA		
	18:30 - 19:20 SALA 3 BODYCOMBAT	18:30 - 19:25 SALA 3 BODYPUMP	18:30 - 19:20 SALA 1 BODYBALANCE	18:30 - 19:20 SALA 3 BODYCOMBAT	18:30 - 19:00 SALA FITNESS TABATA		
		18:30 - 19:20 SALA 1 PILATES		18:30 - 19:20 SALA 1 PILATES			
19:00	19:30 - 20:20 SALA 2 ACTIVA CYCLING	19:00 - 19:30 SALA FITNESS HIIT	19:00 - 19:30 SALA FITNESS ACTIVA FLEX	19:00 - 19:30 SALA FITNESS ACTIVA CORE	19:00 - 19:50 SALA 4 ACTIVA WALKING	19:00 - 19:50 SALA 2 ACTIVA CYCLING	19:00 - 19:50 SALA 4 ACTIVA WALKING
	19:30 - 20:20 SALA 4 ACTIVA WALKING	19:30 - 20:20 SALA 2 ACTIVA CYCLING	19:30 - 20:20 SALA 2 ACTIVA CYCLING	19:30 - 20:20 SALA 2 ACTIVA CYCLING	19:00 - 19:55 SALA 3 BODYPUMP	19:00 - 19:30 SALA FITNESS HIIT	19:00 - 19:30 SALA FITNESS HIIT
	19:30 - 20:20 SALA 3 AERODANCE	19:30 - 20:20 EXTERIOR ACTIVA RUN	19:30 - 20:20 SALA 4 ACTIVA WALKING	19:30 - 20:20 SALA 4 ACTIVA WALKING	19:30 - 20:00 SALA FITNESS ACTIVA FLEX	19:00 - 19:50 SALA 1 PILATES	
	19:30 - 20:20 SALA 1 YOGA	19:30 - 20:20 SALA 4 ACTIVA WALKING	19:30 - 20:20 SALA 1 PILATES	19:30 - 20:20 SALA 1 PILATES			
		19:30 - 20:20 SALA 1 PILATES	19:30 - 20:20 SALA 3 STEP	19:30 - 20:20 SALA 3 ZUMBA			
		19:30 - 20:20 SALA 3 ZUMBA					
20:00	20:00 - 20:30 SALA FITNESS ACTIVA CROSS	20:30 - 21:20 SALA 4 ACTIVA WALKING	20:00 - 20:30 SALA FITNESS ACTIVA CROSS	20:00 - 20:30 SALA FITNESS ACTIVA FLEX	20:00 - 20:50 SALA 2 ACTIVA CYCLING	20:00 - 20:30 SALA FITNESS ACTIVA FLEX	20:00 - 20:30 SALA FITNESS ACTIVA FLEX
	20:30 - 21:20 SALA 2 ACTIVA CYCLING	20:30 - 21:20 SALA 3 BODYCOMBAT	20:30 - 21:20 SALA 2 ACTIVA CYCLING	20:30 - 21:20 EXTERIOR ACTIVA RUN	20:30 - 21:00 SALA FITNESS HIIT	20:00 - 20:55 SALA 3 BODYPUMP	
	20:30 - 21:20 SALA 3 GAP	20:30 - 21:20 SALA 1 BULERÍAS	20:30 - 21:20 SALA 3 GAP	20:30 - 21:20 SALA 4 ACTIVA WALKING			
	20:30 - 21:20 SALA 1 PILATES		20:30 - 21:20 SALA 1 YOGA	20:30 - 21:25 SALA 3 BODYPUMP	20:30 - 21:20 SALA 1 BULERÍAS		
21:00	21:00 - 21:30 SALA FITNESS ACTIVA CROSS	21:00 - 21:30 SALA FITNESS ACTIVA CORE	21:00 - 21:30 SALA FITNESS ACTIVA CORE	21:30 - 22:20 SALA 3 GAP	21:30 - 22:00 SALA FITNESS ACTIVA CROSS		

21:30 - 22:20
SALA 4
**ACTIVA
WALKING**

21:30 - 22:25
SALA 3
BODYPUMP

21:30 - 22:20
SALA 2
ACTIVA CYCLING