

HORARIO DE BESTWALKING
Y BESTCYCLING VIRTUAL

DEL 11 AL 17 DE AGOSTO DE 2025
EN ACTIVACLUB PUERTO

	Lunes	Martes	Miércoles	Jueves	Viernes	Sabado	Domingo	
06:10	"BESTWALKI... 45' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTWALKI... 45' SALA 2	"BESTCYCLIN... 50' SALA 2				06:10
07:00	"BESTCYCLIN... 50' SALA 2	"BESTWALKI... 45' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTWALKI... 45' SALA 2				07:00
08:10					"BESTWALKI... 45' SALA 2	"BESTWALKI... 45' SALA 2	"BESTCYCLIN... 50' SALA 2	08:10
09:00					"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTWALKI... 45' SALA 2	09:00
11:00	"BESTCYCLIN... 50' SALA 2		"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2				11:00
11:30					BODYPUMP 50' SALA 1	BODYPUMP 50' SALA 1	BODYPUMP 50' SALA 1	11:30
12:00	"BESTWALKI... 45' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTWALKI... 45' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	12:00
13:00	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTWALKI... 45' SALA 2	"BESTWALKI... 45' SALA 2	"BESTCYCLIN... 50' SALA 2	13:00
14:00	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTWALKI... 45' SALA 2	14:00
15:00	"BESTWALKI... 45' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTWALKI... 45' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTWALKI... 45' SALA 2	"BESTWALKI... 45' SALA 2	"BESTCYCLIN... 50' SALA 2	15:00
16:00	"BESTCYCLIN... 50' SALA 2	"BESTWALKI... 45' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTWALKI... 45' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTWALKI... 45' SALA 2	16:00
17:00	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	17:00
18:00					"BESTWALKI... 45' SALA 2	"BESTWALKI... 45' SALA 2	"BESTWALKI... 45' SALA 2	18:00
19:00					"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	19:00
20:00					"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	"BESTCYCLIN... 50' SALA 2	20:00
21:30	"BESTWALKI... 45' SALA 2	"BESTWALKI... 45' SALA 2	"BESTWALKI... 45' SALA 2	"BESTCYCLIN... 50' SALA 2				21:30