

	Lunes	Martes	Miércoles	Jueves	Viernes	Sabado	Domingo	
06:30	HYROX CYCLING & WAL...	BODY ACTIVA S...	HYROX	BODY ACTIVA S...	CYCLING & WAL...			06:30
07:30	ACTIVACROSS ... BODY ACTIVA S...	ACTIVACROSS ... HIIT	ACTIVACROSS ... GAP	ACTIVACROSS ... CYCLING & WAL...	ACTIVACROSS ... BODY ACTIVA S...			07:30
08:30	ACTIVACROSS ... PILATES CYCLING & WAL...	HYROX ACTIVA CORE CYCLING & WAL...	ACTIVACROSS ... BODY ACTIVA S... ESPALDA SANA	ACTIVACROSS ... CYCLING & WAL... HIIT	CYCLING & WAL... SHAPES ACTIVACROSS ...	ACTIVACROSS ... CYCLING & WAL...		08:30
09:00		HIIT						09:00
09:30	HYROX ACTIVA FUNCIO... CYCLING & WAL... PILATES AQUAGYM	ACTIVACROSS ... YOGA CYCLING & WAL... BODY ACTIVA S... AQUACOMBAT	ACTIVACROSS ... ACTIVA FUNCIO... CYCLING & WAL... AQUAGYM PILATES	ACTIVACROSS ... CYCLING & WAL... YOGA BODY ACTIVA S... AQUACOMBAT	HYROX CYCLING & WAL... ACTIVA FUNCIO... PILATES AQUAGYM EGYM SHOWRO...	HYROX EGYM SHOWRO... ESPALDA SANA	EGYM SHOWRO... PILATES	09:30
10:30	ACTIVACROSS ... BODYBALANCE GAP CYCLING & WAL... AQUAWORK	ACTIVACROSS ... CYCLING & WAL... PILATES STRETCHING P...	HYROX CYCLING & WAL... BODYPUMP AQUAWORK BODYBALANCE	ACTIVACROSS ... CYCLING & WAL... PILATES STRETCHING P...	ACTIVACROSS ... GLUTEBOOM BODYBALANCE AQUAWORK	ACTIVACROSS ... BODYPUMP AQUAWORK	AQUACOMBAT CYCLING & WAL...	10:30
11:30	YOGA BODYPUMP	ZUMBA ESPALDA SANA AQUAGYM	GLUTEBOOM GAP SHAPES	ESPALDA SANA AQUAGYM ZUMBA	YOGA BODYPUMP		BODYPUMP	11:30
12:30	ESPALDA SANA	YOGA	ESPALDA SANA	YOGA	ESPALDA SANA			12:30
17:30	PILATES BODYPUMP	SHAPES BODYPUMP	BODYPUMP PILATES	ACTIVA FUNCIO... ESPALDA SANA	GAP PILATES			17:30
18:00	ACTIVACROSS ...	ACTIVACROSS ...	ACTIVACROSS ...	ACTIVACROSS ...	ACTIVACROSS ... EGYM SHOWRO...	EGYM SHOWRO...	EGYM SHOWRO...	18:00
18:30	ZUMBA CYCLING & WAL... BODYBALANCE	CYCLING & WAL... BODYBALANCE ACTIVA PYRO	CYCLING & WAL... SHAPES GAP	CYCLING & WAL... GAP YOGA	CYCLING & WAL... BODYBALANCE			18:30
19:00	ACTIVACROSS ... AQUAWORK	ACTIVACROSS ... AQUAGYM	HYROX AQUACOMBAT	ACTIVACROSS ... AQUAGYM	AQUAWORK ACTIVACROSS ...			19:00
19:30	CYCLING & WAL... GAP PILATES	GAP CYCLING & WAL... PILATES	ZUMBA CYCLING & WAL... YOGA	BODYPUMP SHAPES CYCLING & WAL...	BODYPUMP			19:30
20:00	ACTIVACROSS ... AQUAGYM	HYROX AQUACOMBAT	ACTIVACROSS ... AQUAGYM	ACTIVACROSS ... AQUAWORK	ACTIVACROSS ...			20:00
20:30		BODYPUMP	ACTIVA PYRO					20:30
21:00	HYROX	ACTIVACROSS ...	ACTIVACROSS ...	ACTIVACROSS ...				21:00