

	Lunes	Martes	Miércoles	Jueves	Viernes	Sabado	Domingo	
06:30	CYCLING & WAL... HYROX Run	BODY ACTIVA S...	HYROX Hybrid HBX BOXING	BODY ACTIVA S...	CYCLING & WAL... HYROX Hybrid			06:30
07:30	BODY ACTIVA S... ACTIVACROSS ...	CYCLING & WAL... ACTIVA RUN ACTIVACROSS ...	GAP ACTIVACROSS ...	CYCLING & WAL... HYROX Run ACTIVA RUN	BODY ACTIVA S... ACTIVACROSS ...			07:30
08:30	SUELO PELVICO... ACTIVACROSS ... CYCLING & WAL...	ACTIVA CORE HYROX Hybrid CYCLING & WAL...	BODY ACTIVA S... ACTIVACROSS ... ESPALDA SANA	CYCLING & WAL... ACTIVA PYRO ACTIVACROSS ...	SHAPES ACTIVACROSS ... CYCLING & WAL...	ACTIVACROSS ...		08:30
09:00		HIIT						09:00
09:30	CYCLING & WAL... PILATES ACTIVA FUNCIO... HYROX Run AQUAGYM ACTIVA RUN	YOGA CYCLING & WAL... AQUACOMBAT BODY ACTIVA S... ACTIVACROSS ...	BODYCOMBAT SUELO PELVICO... CYCLING & WAL... AQUAGYM ACTIVA RUN ACTIVACROSS ...	CYCLING & WAL... BODY ACTIVA S... YOGA AQUACOMBAT ACTIVACROSS ...	CYCLING & WAL... AQUAGYM PILATES ACTIVA FUNCIO... HYROX Hybrid EGYM SHOWRO...	HYROX Weekend EGYM SHOWRO...	PILATES EGYM SHOWRO...	09:30
10:30	CYCLING & WAL... GLUTEBOOM AQUAWORK ACTIVACROSS ... BODYBALANCE	CYCLING & WAL... HBX BOXING PILATES ACTIVACROSS ... BACHATA	CYCLING & WAL... BODYPUMP BODYBALANCE HYROX Hybrid AQUAWORK	HBX BOXING CYCLING & WAL... PILATES ACTIVACROSS ... BACHATA	GLUTEBOOM BODYBALANCE ACTIVACROSS ... AQUAWORK	ACTIVACROSS ... BODYPUMP AQUAWORK	CYCLING & WAL... AQUACOMBAT	10:30
11:30	YOGA BODYPUMP	ESPALDA SANA AQUAGYM ZUMBA	GLUTEBOOM SHAPES	SUELO PELVICO... ZUMBA AQUAGYM	YOGA BODYPUMP	CYCLING & WAL...	BODYPUMP	11:30
12:30	ESPALDA SANA	YOGA	ESPALDA SANA	YOGA	ESPALDA SANA			12:30
17:00	ACTIVACROSS ...	ACTIVACROSS ...	ACTIVACROSS ...	ACTIVACROSS ...	ACTIVACROSS ...			17:00
17:30	BODYPUMP PILATES	SHAPES BODY ACTIVA S...	BODYPUMP PILATES	ESPALDA SANA ACTIVA FUNCIO...	GLUTEBOOM SUELO PELVICO...			17:30
18:00	ACTIVACROSS ...	ACTIVACROSS ...	ACTIVACROSS ...	HYROX Run	EGYM SHOWRO... ACTIVACROSS ...	EGYM SHOWRO...	EGYM SHOWRO...	18:00
18:30	ZUMBA BODYBALANCE CYCLING & WAL...	CYCLING & WAL... URBAN DANCE SUELO PELVICO...	SHAPES GLUTEBOOM CYCLING & WAL...	YOGA CYCLING & WAL... ACTIVA PYRO HBX BOXING	ZUMBA CYCLING & WAL... BODYBALANCE			18:30
19:00	AQUAWORK ACTIVACROSS ...	AQUAGYM ACTIVACROSS ...	HYROX Hybrid AQUACOMBAT	ACTIVACROSS ... AQUAGYM	ACTIVACROSS ... AQUAGYM			19:00
19:30	PILATES GAP CYCLING & WAL...	CYCLING & WAL... STEP PILATES HBX BOXING	ZUMBA YOGA CYCLING & WAL...	CYCLING & WAL... BODYPUMP SHAPES	BODYPUMP			19:30
20:00	AQUAGYM ACTIVACROSS ...	HYROX Hybrid AQUACOMBAT ACTIVA RUN	ACTIVACROSS ... AQUAGYM	ACTIVACROSS ... AQUAWORK ACTIVA RUN				20:00
20:30	CYCLING & WAL...	BODYPUMP BACHATA	GAP	BODYCOMBAT BACHATA				20:30
21:00	HYROX Run	ACTIVACROSS ...	ACTIVACROSS ...	ACTIVACROSS ...				21:00